

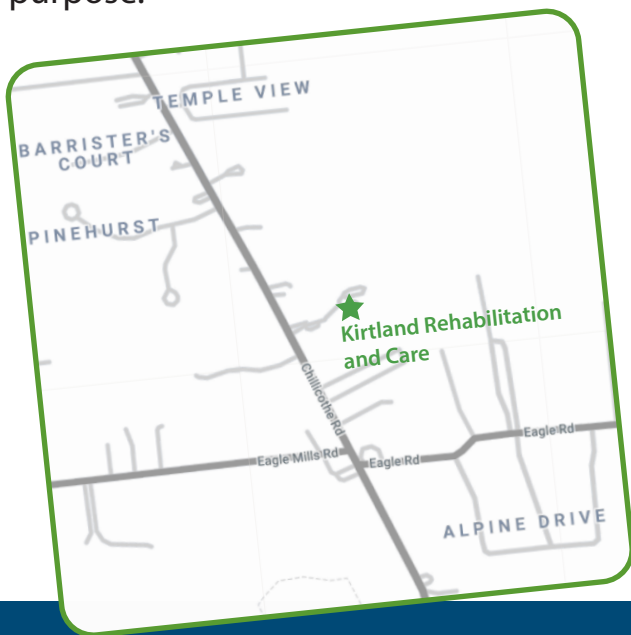


Lotus

BEHAVIORAL HEALTH

Introducing Lotus Behavioral Health at Kirtland Rehabilitation and Care.

Our geriatric behavioral health community is a special care unit for seniors struggling with behavioral health concerns including depression, anxiety, bipolar disorder and other mental health disorders. This community offers therapeutic programs such as life skills group, individual and group therapy and other supportive and educational programs to develop and enhance one's ability to cope with a chronic illness. Medication management, behavioral programs and goal setting is integrated with the daily program so each resident has the potential to pursue their goals of quality and purpose.



Each resident is assessed upon admission for their psychological, functional and cognitive strengths. The on-site clinical team will create a comprehensive and supportive plan of care that will enable each person can live at their highest potential. This 26-bed unit is designed to provide both short- and long-term care with both private and companion suites.

Why Lotus?

Lotus Behavioral Health is a supportive community for seniors with mental illness. We are committed to providing behavioral health in a warm, friendly environment. Resident health care and emotional needs are our priority.

The lotus symbolizes how the mind can be transformed. The lotus begins its life in muddy waters and seeks the light as it grows. Battling mental illness may seem like a bleak journey, but with the right support system and plan of care, our residents rise above the darkness and regain quality of life.

SKILLED NURSING • SHORT-TERM REHAB • SECURE MEMORY CARE • SECURE BEHAVIORIAL UNIT

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