

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

Lyndon Woods Care and Rehabilitation

1101 Lyndon Lane

Louisville, Ky. 40222

502-425-0331

				Donya B. D. 1		Sapoznick B.D. 2	
<p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News</p> <p>6:00 Ky vs. Miss. St. SECnetwork 12:00 UL vs. Boston College</p>							
Robinson B.D. 3 Shepherd B.D. Walthers B.D. 10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes		4 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store 5:00 Aftern'n News		Jackson B.D. 5 10:30 A.M. Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News 7:00 Ky. Vs. Vandy SEC NW		6 10:30 Morning Stretch 11:00 Bible Verses 1:30 Challenge 5:00 Afternoon News 6:30 UL vs. Virginia Tech ACCN	
				7 10:30 Morning Stretch 11:00 Easy Listening 1:30 Book Mobile 5:00 Afternoon News		8 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News	
						9 10:30 Morning Stretch 2:00 Afternoon Movie 5:00 Evening News 4:00 Georgia Tech ACCN 5:00 Ky vs. Florida ESPN	
10 10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes		11 Gendeneh B.D. Hooper B.D. King,A. B.D, Mattingly B.D. 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store		12 10:30 A.M. Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News 9:00 Ky. vs. Ala. ESPN		13 10:30 Morning Stretch 11:00 Bible Verses 1:30 Challenge 5:00 Afternoon News 4:30 UL vs Wake Forest ACCN	
				14 McQuade B.D. 10:30 Morning Stretch 11:00 Easy Listening 1:30 Book Mobile 5:00 Afternoon News		15 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News	
						16 10:30 Morning Stretch 2:00 Afternoon Movie 5:00 Evening News 8:00 UL vs. Miami ACCN 2:00 Ky. Verses Auburn ESPN	
17 10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes		18 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store 5:00 Aftern'n News 7:00 UL vs. Florida St. ESPN		19 Donald B.D. 10:30 A.M. Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News		20 Stahley B.D. 10:30 Morning Stretch 11:00 Bible Verses 2:00 Birthday Celebrations 7:00 Ky. Vs. Georgia SEC Network	
						21 10:30 Morning Stretch 11:00 Easy Listening 1:30 Book Mobile 5:00 Afternoon News	
						22 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News	
						23 10:30 Morning Stretch 2:00 Afternoon Movie 5:00 Evening News 4:00 UL vs. Duke 6:00 Ky vs. LSU ESPN	
24 10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes		25 King E. B.D. 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store 5:00 Aftern'n News		26 10:30 A.M. Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News 7:00 Ky. Vs Alabama ESPN		27 10:30 Morning Stretch 11:00 Bible Verses 1:30 Challenge 5:00 Afternoon News	
						28 Brown B.D. 10:30 Morning Stretch 11:00 Easy Listening 1:30 Book Mobile 5:00 Afternoon News	
						29 Henry B.D. 10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News	
						30 10:30 Morning Stretch 2:00 Afternoon Movie 5:00 Evening News 12:00 UL vs Boston College T B A Ky. Vs. Texas ESPN	
31 10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes		<p align="center"><b>January 2021 - ACU Men</b></p> <p align="center">" I love beginnings. If I were in charge of calendars, everyday would be January 1." - Jerry Spinelli</p> <p align="center">Activities Director: Patrice M. Smith</p> <p align="right">Executive Director: Greg Otter</p>					

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						Donya B. D. <b>1</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	Sapoznick B.D. <b>2</b> 10:00 Morning Moves 11:00 Puzzles 2:00 Aftern'n Movie 6:00 Ky vs. Miss. State SECNW
Robinson B.D. <b>3</b> Shepherd B.D. Walthers B.D. 10:00 Mass on the Air 1:00 Stations 7:00 60 Minutes	<b>4</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	Jackson B.D. <b>5</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Money Matters 2:00 Book Mobile 7:00 Ky. Vs. Vanderbilt SECNW	<b>6</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Hallway fun/ Easy Listening.	<b>7</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Hair Salon 3:00 Nails and Tales	<b>8</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	Bethel B.D. <b>9</b> 10:00 Morning Moves 11:00 Puzzles 2:00 Aftern'n Movie 5:00 Ky vs. Florida ESPN	
<b>10</b> 10:00 Mass on the Air 1:00 Stations 7:00 60 Minutes	Gendeneh B.D. <b>11</b> Hooper B.D. King, A. B.D., Mattingly B.D. 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	<b>12</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Money Matters 2:00 Book Mobile 9:00 Ky vs. Alabama ESPN	<b>13</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Valentine Craft & Door Decor.	McQuade B.D. <b>14</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Hair Salon 3:00 Nails and Tales	<b>15</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	<b>16</b> 10:00 Morning Moves 11:00 Board Games 2:00 Aftern'n Movie 2:00 Ky vs. Auburn ESPN	
<b>17</b> 10:00 Mass on the Air 1:00 Stations 7:00 60 Minutes	<b>18</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	Donald B.D. <b>19</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Money Matters 2:00 Book Mobile	Stahley B.D. <b>20</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Easy Listening 7:00 Ky vs. Georgia SECNW	<b>21</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Hair Salon 3:00 Nails and Tales	<b>22</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	<b>23</b> 10:00 Morning Moves 11:00 Board Games 2:00 Aftern'n Movie 6:00 Ky vs. LSU ESPN	
<b>24</b> 10:00 Mass on the Air 1:00 Stations 7:00 60 Minutes	King, E B.D. <b>25</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	<b>26</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Money Matters 2:00 Book Mobile 7:00 Ky vs. Alabama ESPN	<b>27</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Hallway fun/ Easy Listening.	Brown B.D. <b>28</b> 9:00 Coffee Café' 9:30 Musical Moves 10:00 Spiritual Min. 1:00 Hair Salon 3:00 Nails and Tales	Henry B.D. <b>29</b> 9:00 Coffee Cart 9:30 Musical Moves 10:00 Spiritual Min. 3:00 Bingo	<b>30</b> 10:00 Morning Moves 11:00 Board Games 2:00 Aftern'n Movie TBA Ky vs. Texas ESPN	
<b>31</b> 10:00 Mass on the Air 1:00 Stations 7:00 60 Minutes	<p style="text-align: center;"><b>January 2021 - Long Term Care</b></p> <p style="text-align: center;">" I love beginnings. If I were in charge of calendars, everyday would be January 1." - Jerry Spinelli</p> <p style="text-align: center;">Activities Director: Patrice M. Smith</p> <p style="text-align: center;">Executive Director: Greg Otter</p>						

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<p>Donya B. D. 1</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News</p>				<p>Sapoznick B.D. 2</p> <p>10:00 Morning Moves 11:00 Free Station 2:00 Aftern'n Movie  6:00 Uk vs. Miss. State SEC</p>									
<p>Robinson B.D. 3 Shepherd B.D. Walthers B.D. 10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes</p>		<p>4</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store 5:00 Aftern'n News</p>		<p>Jackson B.D. 5</p> <p>10:30 Morning Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News 7:00 Uk vs. Vandy SEC</p>		<p>6</p> <p>10:30 Morning Stretch 11:00 Jenga Game 1:30 Challenge 5:00 Afternoon News 6:30 UL vs Virginia Tech ACCN</p>		<p>7</p> <p>10:30 Morning Stretch 11:00 Uno Cards 1:30 Book Mobile 5:00 Afternoon News</p>		<p>8</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News</p>		<p>Bethel B.D. 9</p> <p>10:00 Morning Moves 11:00 Free Station 2:00 Aftern'n Movie  4:00 Ul vs Georgia Tech ACCN 5:00 Uk vs. Florida ESPN</p>	
<p>10</p> <p>10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes</p>		<p>Gendeneh B.D. 11 Hooper B.D. King, A. B.D, Mattingly B.D.</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store</p>		<p>12</p> <p>10:30 Morning Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News 9:00 Uk vs. Alabama ESPN</p>		<p>13</p> <p>10:30 Morning Stretch 11:00 Checkers Game 1:30 Challenge 5:00 Afternoon News 4:30 UL vs. Wake Forest ACCN</p>		<p>McQuade B.D. 14</p> <p>10:30 Morning Stretch 11:00 Table Tennis 1:30 Book Mobile 5:00 Afternoon News</p>		<p>15</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News</p>		<p>16</p> <p>10:00 Morning Moves 11:00 Free Station 2:00 Aftern'n Movie  8:00 UL vs. Miami ACCN 2:00 Uk vs. Auburn ESPN</p>	
<p>17</p> <p>10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes</p>		<p>18</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store 5:00 Aftern'n News 7:00 UL vs. Florida St. ESPN</p>		<p>Donald B.D. 19</p> <p>10:30 Morning Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News</p>		<p>Stahley B.D. 20</p> <p>10:30 Morning Stretch 11:00 Golf Game 1:00 <u>Birthdays Celebrations</u> 5:00 Afternoon News 7:00 Uk vs. Georgia SEC</p>		<p>21</p> <p>10:30 Morning Stretch 11:00 Checker Tournament 1:30 Book Mobile 5:00 Afternoon News</p>		<p>22</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News</p>		<p>23</p> <p>10:00 Morning Moves 11:00 Free Station 2:00 Aftern'n Movie  4:00 UL vs Duke ESPN 6:00 Uk vs. LSU ESPN</p>	
<p>24</p> <p>10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes</p>		<p>King E. B.D. 25</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Painting 2:00 Country Store 5:00 Aftern'n News</p>		<p>26</p> <p>10:30 Morning Stretch 11:00 Personal Hygiene 3:00 Bingo 5:00 Afternoon News 7:00 Uk vs. Alabama</p>		<p>27</p> <p>10:30 Morning Stretch 11:00 Card Game 1:30 Challenge 5:00 Afternoon News</p>		<p>Brown B.D. 28</p> <p>10:30 Morning Stretch 11:00 Connect 4 1:30 Book Mobile 5:00 Afternoon News</p>		<p>29</p> <p>Henry B.D.</p> <p>10:00 Coffee Cart 10:30 A.M. Stretch 1:30 Weekend Challenge 2:00 Country Store 5:00 Aftern'n News</p>		<p>30</p> <p>10:00 Morning Moves 11:00 Free Station 2:00 Aftern'n Movie  12:00 UL vs. Boston College RSN TBA Uk vs. Texas ESPN</p>	
<p>31</p> <p>10:00 Mass on the Air 11:00 Stations 7:00 60 Minutes</p>		<p align="center"><b>January 2021 - Men West</b></p> <p align="center">" I love beginnings. If I were in charge of calendars, everyday would be January 1." - Jerry Spinelli</p> <p align="center">Activities Director: Patrice M. Smith</p> <p align="right">Executive Director: Greg Otter</p>											

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<p><b>January 2021</b>  <b>Lyndon Woods Care and Rehabilitation</b>                  1101 Lyndon Lane                  Louisville, Ky. 40222                  502-425-0331</p>						<p>Donya B. D. <b>1</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p>Sapoznick B.D. <b>2</b></p> <p>9:00 Morning Moves                  9:30 Spiritual Min                  10:00 Reading Station                  2:00 Afternoon                  Movie w/Popcorn</p>
<p>Robinson B.D.                  Shepherd B.D.                  Walthers B.D. <b>3</b></p> <p>10:00 Mass on the Air                  11:00 Morning Moves                  2:00 Trivia</p>	<p><b>4</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p>Jackson B.D. <b>5</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Crafts                  3:00 Book Mobile</p>	<p><b>6</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Coloring Table                  3:00 TV Time</p>	<p><b>7</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Nails and Tales                  3:00 Music Minute</p>	<p><b>8</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p>Bethel B.D. <b>9</b></p> <p>9:00 Morning Moves                  9:30 Spiritual Min                  10:00 Puzzle Station                  2:00 Afternoon                  Movie w/Popcorn</p>	
<p><b>10</b></p> <p>10:00 Mass on the Air                  11:00 Morning Moves                  2:00 Short Story</p>	<p>Gendeneh B.D.                  Hooper B.D.                  King, A. B.D,                  Mattingly B.D. <b>11</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p><b>12</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Crafts                  3:00 Book Mobile</p>	<p><b>13</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Coloring Table                  3:00 TV Time</p>	<p>McQuade B.D. <b>14</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Nails and Tales                  3:00 Music Minute</p>	<p><b>15</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p><b>16</b></p> <p>9:00 Morning Moves                  9:30 Spiritual Min                  10:00 Reading Station                  2:00 Afternoon                  Movie w/Popcorn</p>	
<p><b>17</b></p> <p>10:00 Mass on the Air                  11:00 Morning Moves                  2:00 Trivia</p>	<p><b>18</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p>Donald B.D. <b>19</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Crafts                  3:00 Book Mobile</p>	<p>Stahley B.D. <b>20</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Coloring Table                  3:00 TV Time</p>	<p><b>21</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Nails and Tales                  3:00 Music Minute</p>	<p><b>22</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p><b>23</b></p> <p>9:00 Morning Moves                  9:30 Spiritual Min                  10:00 Puzzle Station                  2:00 Afternoon                  Movie w/Popcorn</p>	
<p><b>24</b></p> <p>10:00 Mass on the Air                  11:00 Morning Moves                  2:00 Short Story</p>	<p>King E. B.D. <b>25</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p><b>26</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Crafts                  3:00 Book Mobile</p>	<p><b>27</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Coloring Table                  3:00 TV Time</p>	<p>Brown B.D. <b>28</b></p> <p>9:30 Morning Moves                  10:00 Spiritual Minute                  2:00 Nails and Tales                  3:00 Music Minute</p>	<p>Henry B.D. <b>29</b></p> <p>9:30 Coffee Cafe'                  10:00 Spiritual Minute                  2:00 BINGO w/snack                  3:00 Music Moves</p>	<p><b>30</b></p> <p>9:00 Morning Moves                  9:30 Spiritual Min                  10:00 Reading Station                  2:00 Afternoon                  Movie w/Popcorn</p>	
<p><b>31</b></p> <p>10:00 Mass on the Air                  11:00 Morning Moves                  2:00 Trivia</p>	<p><b>January 2021- ACU Women</b>                  " I love beginnings. If I were in charge of calendars, everyday would be January 1." - Jerry Spinelli</p> <p>Activities Director: Patrice M. Smith</p> <p>Executive Director: Greg Otter</p>						