



**STANFORD**  
CARE AND REHABILITATION

## MEET ALICE

**When asked what Alice felt was the reason she is able to transition home independently, Alice replied, "Y'all stuck by me."**



# ALICE

Alice came to Stanford Care and Rehab unsure about what her future would hold. Several days after not being heard from or seen, Alice's landlord found her unresponsive in her floor wrapped in blankets. She was intubated in the hospital and diagnosed with COVID-19, Acute Respiratory failure, sepsis, and bacterial Pneumonia. Alice arrived to our facility confused, weak and unable to take care of herself.

Alice's Speech Therapist worked to improve her ability to communicate, improve her ability to safely eat, increase her cognition, and increase her following directions skills. Her Occupational Therapist worked to improve her ability to care for herself, increase her ability to stand, and increase her strength. Her Physical Therapist worked to improve her ability to sit, decrease her risk of falling, increase her ability to perform bed mobility and transfers, and enhance her mobility.

After several weeks of extensive therapy, Alice is now able to function independently on her nursing unit, transfer in and out of bed independently, able to perform ADL tasks, able to communicate wants/needs, safely consuming a regular diet, and participate in leisure task of her choice. She is independently utilizing her wheelchair to navigate throughout the building.

Alice was also admitted with five severe pressure ulcers. Thanks to an awesome nursing team, Dr. Campbell with VOHRA Wound Physicians and a determined Wound Nurse, Alice was able to discharge with no wounds!

After 6 months with us, Alice returned home to live independently in her apartment. Her spunk and carefree nature will be missed here at Stanford Care and Rehab.